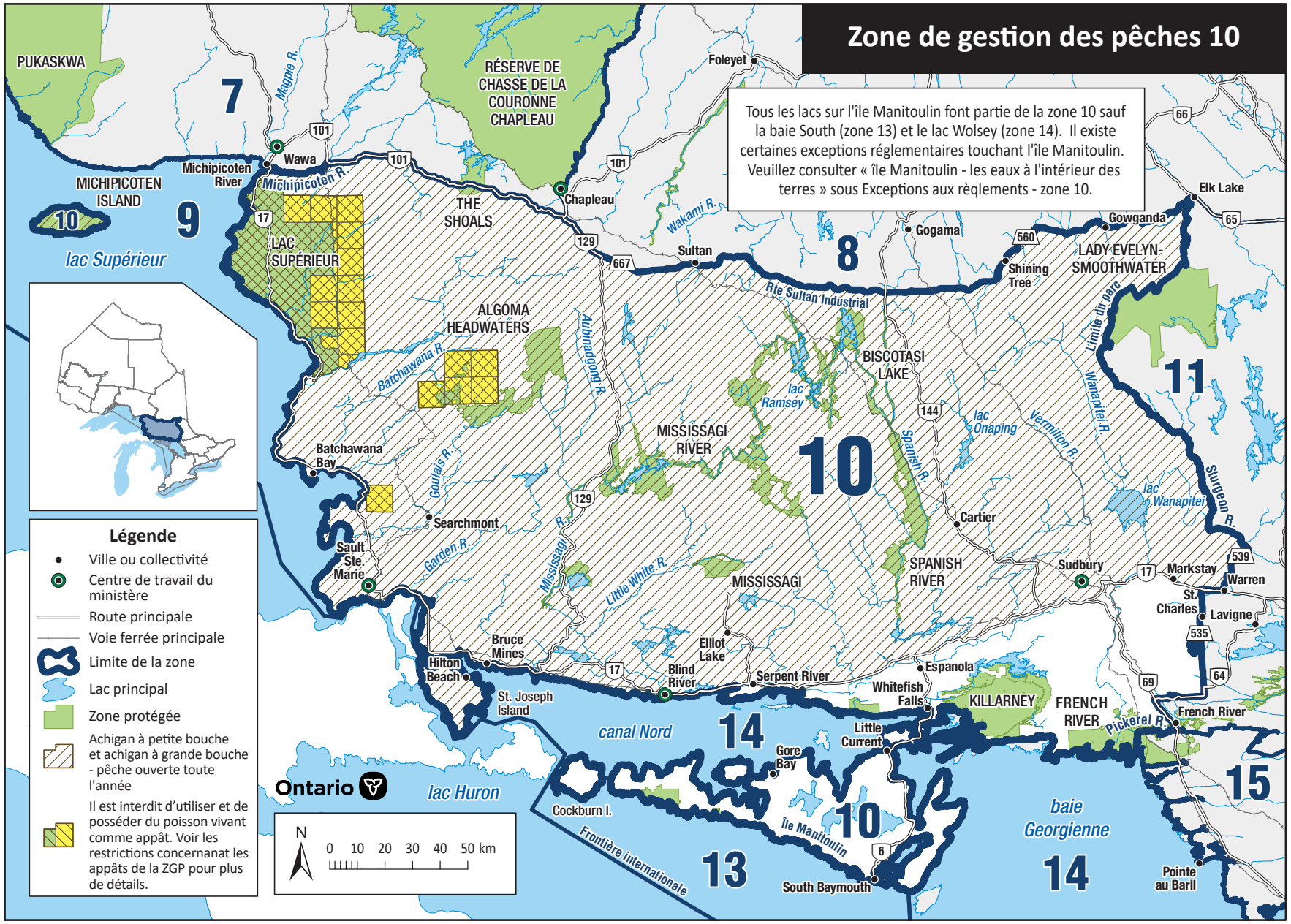Zone de gestion des pêches 10