

# Employment Ontario Career Supports

## Employment Ontario is here for you

Employment Ontario (EO) is ready to help. Whether through direct job matching, training referrals, or by accessing services tailored to your unique needs, EO ensures you get the career and support services you need, when you need them.

## Access services that are right for you

EO can help you choose training opportunities based on your skills and career interests. Training can include hands-on learning opportunities that prepare you with the essential work skills that employers are looking for.

EO can sometimes provide financial assistance, transportation, and/or funding for dependent care – providing relief that you and your family can count on as you train for your next job opportunity.

EO staff can direct you to information on local job prospects, average salaries, and training requirements for 500+ jobs. EO's relationships with hundreds of local employers makes it easier to find you a direct job placement and/or paid on-the-job training opportunities, such as apprenticeships, helping you to gain access to high-paid jobs in the skilled trades.

## Contact your local Employment Ontario office today

Schedule a meeting with an EO office to talk through your individual needs and navigate the next steps in your career. You can contact Employment Ontario for help, Monday to Friday 8:30 a.m. to 5:00 p.m. ET.

- Tel: 416-326-5656
- Toll-free: 1-800-387-5656
- Email: [contactEO@ontario.ca](mailto:contactEO@ontario.ca)
- Website: [www.Ontario.ca/EmploymentOntario](http://www.Ontario.ca/EmploymentOntario)
- EO live chat: [ontario.ca/EOLivechat](https://ontario.ca/EOLivechat)