ᐋᕐᑎᐅᓂᔪ ᒐᕙᒪᖓ

ᐊᕙᐅᖅᑲᔪᖃᖅᑎᓪᓗᒍ ᐅᔅᓯᖅᓱᓂᐊᓛᑦ ᐃᑲᔫᑎᒃᓴᑦ

ROWAN'S LAW

ᖃᕋᓴᐅᔭᒃᑯᑦ–ᐅᖃᓕᒫᒐᕋᓛᖅ ᐅᑭᐅᓛᑦ 11-14

Ontario

ᕿᐅᕙᓐ ᔅᑐᓇᕐᒍᕐ

ROWAN'S LAW

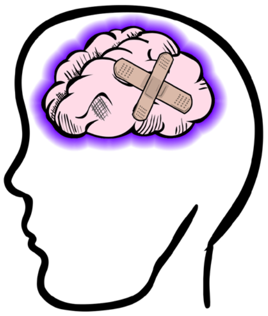
ᑖᓐᓇ ᖃᕋᓴᐅᔭᒃᑯᑦ ᐅᖃᓕᒫᒐᕋᕉᖅ ᐃᓚᒋᔭᐅᕗᖅ ᑭᒍᓕᓈᑦᑐᓂᒃ ᐃᑲᔫᑎᓂᒃ Rowan's Law ᐊᕙᐅᖅᑲᓂᕐᒧᑦ ᐅᔾᔨᕈᓯᓕᖅᑎᑦᑎᒍᑏᑦ ᐃᑲᔫᑎᒃᓴᖏᓐᓂᒃ. Rowan's Law ᐊᑦᑎᖅᑕᐅᓯᒪᕗᖅ ᕿᐅᕙᓐ ᔅᑐᓇᕐᒍᕐᒧᑦ, ᖁᑦᑎᓂᖅᐹᒥ ᕿᑲᒥ ᐱᙳᐊᖅᑎᐅᔪᖅ ᐋᑐᕚᒥᐅᑕᒥᓂᖅ, ᐃᓅᒍᓐᓂᓚᐅᖅᓯᒪᔪᖅ ᐅᐱᕐᖔᕐᒍᑎᓪᓗᒍ 2013-ᒥ ᑎᒥᖓ ᑭᒍᓪᓕᕿ ᐋᓂᒃᑳᓂᖅᑐᒥᓂᐅᓂᖓᓄᑦ ᐋᓂᐊᓕᖅᑐᒥᓂᐅᓪᓗᓂ (ᖃᕋᓴᖓ ᐳᓪᓕᖅᑐᒥᓂᐅᔪᖅ ᑭᒍᓂᐊᒍᑦ ᐋᓂᒃᑳᓂᖃᑦᑕᖅᑐᒥᓂᐅᓂᖓᓄᑦ ᓯᕗᓂᐊᒍᑦ ᐋᓂᕈᑎᒥᓂᖓ ᒪᒥᓚᐅᖅᑎᓐᓇᒍ). ᕿᐅᕙᓐ ᐅᑉᐱᓇᔭᐅᓯᒪᕗᖅ ᐱᖓᓱᐊᖅᑎᖅ ᐊᕙᐅᖅᑲᔪᒥᓂᐅᓱᕋᔭᐅᓪᓗᓂ ᐱᖓᓲᔪᖅᑐᑦ ᐅᓪᓗᐃᑦ ᐊᑯᓂᐅᑎᕋᔪᖅ ᐃᓗᐊᓂ ᐱᙳᐊᖅᑐᒥᓂᐅᑎᓪᓗᒍ ᕿᒃᑲᒥ. ᐊᕙᐅᖅᑲᔪᒥᓂᐅᕗᖅ ᑭᓯᐊᓂᓕ ᖃᐅᔨᒪᓐᓂᙱᑦᑐᖅ ᖃᕋᓴᖓ ᐱᕙᖃᓇᐊᖃᓚᐅᕐᒪᑦ ᒪᒥᓴᕐᓗᓂ. ᐊᖓᔪᖅᑳᙱᓪᓗ ᑕᐃᒪᐃᓚᐅᙱᓚᕐ, ᐃᓕᓴᐃᔩᙱᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᙳᐊᖅᐲᑦ ᑲᒪᔩᙱᑦ.

ᑖᒃᑯᐊ ᐃᑲᔫᑏᑦ ᐊᑐᖅᑕᐅᔭᓇᐊᖃᙱᓚᑦ ᐋᓂᐊᕙᕐᒥ ᐅᖃᐅᔾᔨᕆᐊᖅᑕᐅᔾᔪᑎᑎᒍᑦ ᐋᓂᐊᖅᑕᐃᓕᒪᓂᕐᒧᑦ ᑲᒪᒋᔭᐅᓂᓇᓂᐊᖅᑕᓐᓄᑦ. ᐅᖃᐅᔾᔭᐅᔭᓇᐊᖃᕈᕕᑦ ᐋᓂᐊᕙᕐᒥ ᐃᖅᑲᓇᐃᔭᖅᑎᓄᑦ ᐊᕙᐅᖅᑲᔪᑦ ᖃᓄᐃᓐᓂᓪᓇᓲᖏᓐᓂᒃ, ᑐᓴᓇᐊᕕᖃᕐᓗᑎᑦ ᓘᒃᑖᕿᒥᒃ ᐋᓂᐊᓯᐅᑎᒥᓪᓘᓐᓃᑦ.

ᐋᓐᓂᖅᑕᐃᓕᒪᓗᓂ ᐃᑲᔪᕋᔭᖅᑐᖅ ᐃᓅᓯᓕᒫᕐᓄᑦ ᐊᐅᓚᒍᓐᓇᑦᑎᐊᕐᓗᑎᑦ. ᐃᓚᖏᑦ ᐋᓐᓂᕈᑎᒋᔭᐅᔪᑦ ᑕᑯᔭᐅᓴᕋᐃᑉᐳᑦ ᐊᒻᒪᓗ ᑲᒪᒋᔭᐅᓗᑎᑦ, ᑭᓯᐊᓂᓚ ᐋᓐᓂᖅᑐᖃᕐᓂᕈᓂᓚ ᓂᐊᕐᑯᖅᐱᑦ ᐃᓗᐊᒍᑦ? ᖃᕋᓴᒃᑯᑦ ᐋᓐᓂᖅᑐᖃᖅᑎᓪᓗᒍ, ᓲᕐᓗᒃ ᐊᕙᐅᖅᑲᔪᖅᑲᕈᓂ, ᑕᑯᒃᓴᐅᕗᖖᒋᑦᑐᑦ ᓯᓚᑖᒍᑦ ᐊᒻᒪᓗ ᑕᑯᒐᒃᓴᐃᓐᓇᐅᕙᒐᑎᑦ. ᐊᓯᖏᖕᓄᑦ ᑕᑯᔭᐅᔪᓐᓇᖖᒋᒃᑲᓗᐊᖅᑎᓪᓗᒍ ᐊᕙᐅᖅᑲᓂᕆᔭᐃᑦ, ᐃᑉᐱᓐᓂᕋᔭᖅᑕᑎᑦ ᐊᑦᑐᐃᓂᖃᕐᓂᖏᑦ ᐊᒻᒪᓗ ᑲᒪᒋᔭᐅᑎᐊᕆᐊᖅᑲᔭᖅᑐᑎᑦ ᐱᐅᓯᕚᓪᓕᕐᑯᓪᓗᑎᑦ.

ᑖᒃᑯᐊ ᐃᑲᔫᑏᑦ ᑐᑭᓯᒋᐊᕈᑎᖏᑦ ᐃᑲᔪᕐᓂᐊᖅᑐᑦ ᐃᓕᖕᓂᒃ ᐃᓕᓐᓂᐊᒃᑲᓐᓂᕐᓗᑎᑦ ᐊᕙᐅᖅᑲᓂᑉ ᒥᒃᓵᓄᑦ, ᖃᓄᐃᓕᐅᕈᓘᔭᕈᓐᓇᖅᑕᐃᓐᓇᕐᓂᐊᕋᕕᑦ ᐊᒻᒪᓗ ᐊᑦᑕᓇᖅᑐᒦᖖᒋᓪᓗᑎᑦ.

ᑭᓲᕐᒫᑦ ᐊᕙᐅᖅᑲᓂᖅ?



ᐊᕙᐅᖅᑲᔪᑦ ᖃᕋᓴᖕᒐᒍᑦ ᐋᓐᓂᖅᓯᒪᓲᖕᒍᕗᑦ. ᑕᑯᔭᐅᔪᓐᓇᙱᑦᑐᑦ ᑕᕐᕋᑐᖅᑕᐅᒐᓗᐊᕈᑎᑦ ᐅᕙᓗᓐᓂᑦ ᐊᓯᐊᒍᑦ ᐋᓐᓂᐊᕕᒻᒥ ᖃᐅᔨᓴᖅᑕᐅᓂᒃᑯᑦ ᓲᕐᓗᒃ ᑎᒥᓕᒫᑉ ᐃᓗᐊ ᐊᔾᔨᓕᐅᖅᑕᐅᓗᓂ ᐅᕙᓗᓐᓃᑦ ᑕᕐᕋᑐᖅᑕᐅᓗᓂ ᖃᕋᓴᐅᔭᒃᑯᑦ. ᐊᕙᐅᖅᑲᔪᑦ ᐊᑦᑐᐃᓂᖃᕈᑎᒋᔭᐅᔪᓐᓇᖅᑐᑦ ᖃᓄᖅ ᐃᓱᒪᓲᖕᒍᖕᒪᖕᒑᖅᐱᑦ, ᐃᐸᓐᓂᐊᓗᑎᑦ ᐊᒻᒪᓗ ᐃᓕᖅᑯᓯᖃᕐᓗᑎᑦ.

ᐋᓐᓂᖅᑐᑦ ᖃᓄᐃᓐᓇᖅ ᓂᐊᖁᒃᑯᑦ, ᑮᓇᒃᑯᑦ ᐅᕙᓗᓐᓃᑦ ᖁᖕᒐᓯᒃᑯᑦ ᐊᕙᐅᖅᑲᒍᓐᓇᓕᓲᑦ. ᐊᕙᐅᖅᑲᓕᕈᓐᓇᖅᑰᔨᓪᓗ ᐋᓐᓂᕈᕕᑦ ᑎᒥᒃᑯᑦ ᐊᐳᖅᑕᐅᑎᓪᓗᑎᑦ ᖃᕋᓴᐃᑦ ᓅᓪᓗᓂᓗ ᓂᐊᖁᖅᐱᑦ ᐃᓗᐊᓂ. ᐆᑦᑑᑏᑦ ᐱᖃᓯᐅᔾᔨᔪᑦ ᒥᓗᖅᑕᐅᔪᑦ ᓂᐊᖁᒃᑯᑦ ᐊᖅᓴᒧᑦ ᐅᕙᓗᓐᓃᑦ ᐅᕐᑯᓗᐊᖅᑎᓪᓗᒋᑦ ᓇᑎᖁᑦ.

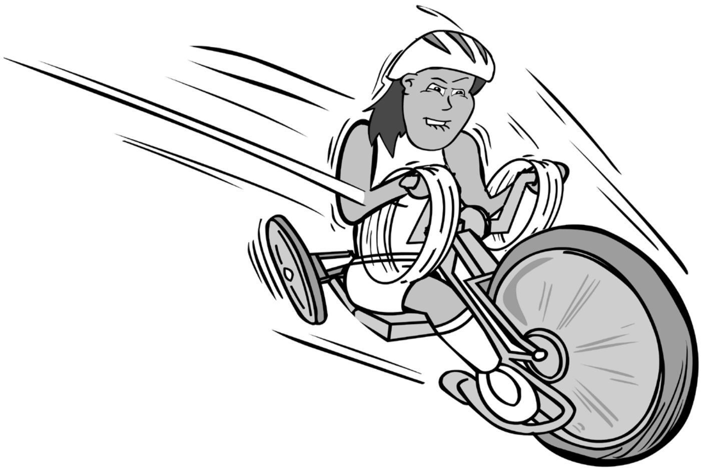
ᐊᕙᐅᖅᑲᔪᑦ ᐱᕐᔪᐊᕋᓗᒃᑯᑦ ᐋᓐᓂᕈᑎᒋᔭᐅᓲᖕᒍᕗᖅ. ᐊᑦᑐᐃᓂᖃᕐᓂᖕᒋᑦ ᕿᓚᒥᐅᓲᖕᒍᒐᓗᐊᑦ, ᐊᕙᐅᖅᑲᔪᓪᓕ ᐊᑯᓂᐅᔪᒧᑦ ᐋᓐᓂᖅᓯᒪᔪᓇᕐᒪᑕ ᐊᒻᒪᓗ ᐊᑯᓂᐅᓂᖅᓴᒻᒪᓇᒃ ᐊᑦᑐᐃᓂᖃᕈᓗᐊᕐᓗᑎᑦ, ᓲᕐᓗᒃ ᐳᐃᒍᑐᓕᕐᓗᑎᑦ ᐅᕙᓗᓐᓃᑦ ᓄᒫᓯᓗᐊᓕᕐᓗᑎᑦ.

ᐋᓐᓂᖅᑕᐃᓕᒪᑎᑦᑎᓂᖅ ᐊᕙᐅᖅᑲᓂᒃᑯᑦ

ᓯᕗᓪᓕᖅᐹᒥᒃ, ᐃᓕᓐᓂᐊᖅᑎᓪᓗᑎᑦ ᐊᕙᐅᖅᑲᓂᑉ ᒥᒃᓵᓄᑦ.

ᐃᒪᓐᓇᐃᓕᐅᕆᐊᖃᕆᕗᑎᑦ:

- ᖃᐅᔨᒪᑦᑎᐊᕆᑦ ᓱᓇᒃᑯᑖᑎᑦ ᐱᐅᒐᓗᐊᕐᒪᖔᕐᒥᒃ.
- ᖃᐅᔨᒪᑦᑎᐊᕆᑦ ᐱᙳᐊᖅᑎᓪᓗᑎᑦ ᐊᑐᕌᑎᑦ ᓈᒻᒪᑦᑎᐊᕋᓗᐊᕐᒪᖔᑕ;
- ᒪᓕᑦᑎᐊᖃᑦᑕᕐᓗᑎᑦ ᒪᓕᒐᕋᓖᖕᒋᖕᓂᒃ ᐱᙳᐊᖅᑕᕕᑦ;
- ᒪᓕᓪᓗᒋᑦ ᐱᙳᐊᖅᑐᓕᕆᔾᑯᑦ ᑲᑐᔾᔨᔾᔩᑦ/



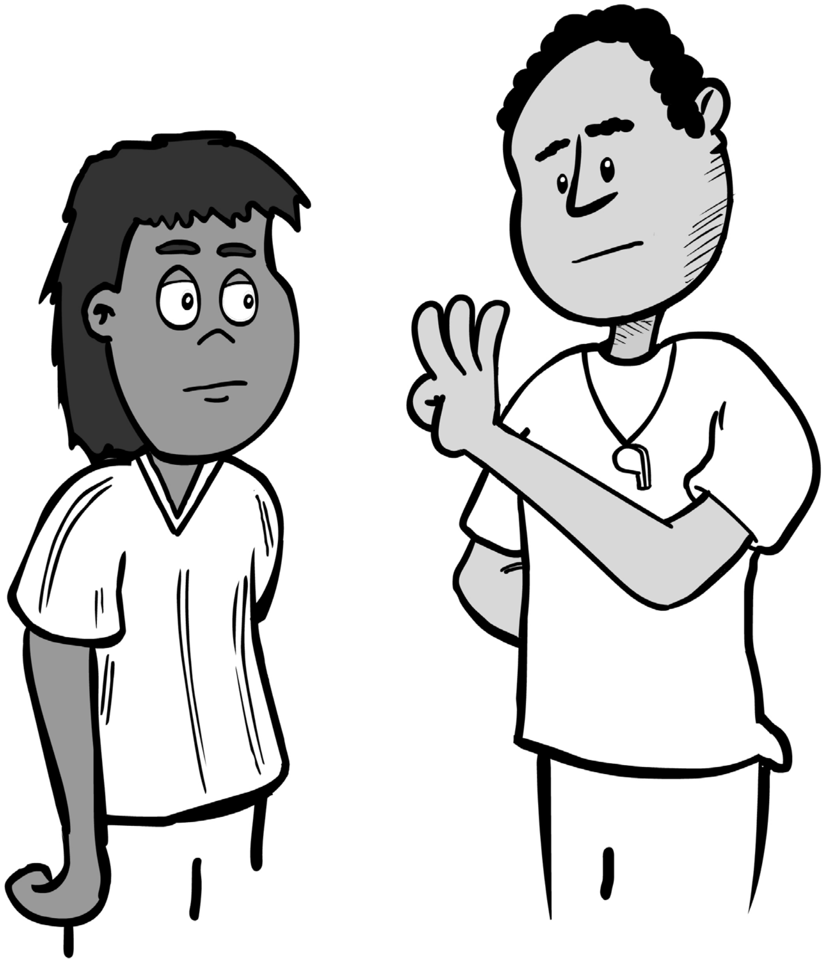
ᐃᓕᓴᕙᑉ ᐊᕙᐅᖅᑲᔪᓄᑦ ᐃᓕᖅᑯᓯᕆᔭᐅᔭᕆᐊᓖᑦ; ᐊᒻᒪᓗ

- ᐅᖃᐅᓯᕆᓗᒋᑦ ᐋᓐᓂᕈᑎᐅᔪᑦ ᐃᓐᓇᕐᒧᑦ ᐅᑉᐱᕆᔭᕐᓄᑦ, ᓲᕐᓗᒃ ᐊᖓᔪᖅᑳᑦ, ᐱᙳᐊᖅᑎᓄᑦ ᑲᒪᔩᑦ ᐅᕝᕙᓘᓐᓂᑦ ᐃᓕᓴᐃᔩ. ᑐᑭᓯᐅᒪᓗᑎᑦ ᐱᒻᒪᕆᐅᓂᖕᖓᓂᒃ ᐅᖃᐅᓯᖃᕐᓗᓂ ᐋᓐᓂᖅᑕᐃᓕᒪᒃᑲᓐᓂᖅᑕᐃᓕᑎᑦᑎᒐᔭᖅᑐᓂᒃ.

ᐃᓕᓴᖅᓯᓂᖅ ᖃᓄᐃᓐᓂᕆᔾᔪᑎᖓᓂᒃ ᐊᕙᐅᖅᑲᔪᖃᖅᑎᓪᓗᒍ

HIT. STOP. SIT.

ᐊᕙᐅᖅᑲᒍᕕᑦ ᐊᑕᐅᓯᕐᒥᒃ ᐅᖓᑖᓄᓪᓘᓐᓃᑦ ᖃᐅᔨᕚᐅᑦᔪᑎᖏᓐᓂᒃ ᐊᑐᕈᓐᓇᖅᑐᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑎᒦᑦ ᖃᓄᐃᓕᕐᓗᓂ ᑎᑎᖅᓯᒪᐅᖅᑐᑎᑦ ᐋᓕᕐᒥ. ᑕᒪᒃᑯᐊ ᐋᓐᓂᕐᓂᖏᓐᓄᑦ ᓇᓗᓇᐃᕈᑎᖏᑦ ᓴᖅᑮᔭᑲᐅᑎᕆᔫᓇᓲᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓴᖅᑭᑕᐃᓐᓇᓕᕐᓗᑎᑦ ᐃᑲᕐᕋᑦ ᐊᓂᒍᖅᓯᒪᓕᖅᑎᓪᓗᒋᑦ, ᐅᓪᓗᐃᓪᓘᓐᓃᑦ, ᐅᐊᑦᑎᐅᕈᒃᑳᓐᓂᖅ. ᐊᑕᐅᓯᖅ ᐋᓐᓂᖅᑐᒥᓂᐅᓂᖓᓄᑦ ᓇᓗᓇᐃᕈᑎᖓ ᓴᖅᑮᖅᑐᕐᓘᓐᓃᑦ ᐋᓐᓂᖅᓯᒪᓂᖓᓄᑦ ᓈᒻᒪᐸᐅᖅ ᐊᕙᐅᖅᑲᔪᒥᓂᐅᓱᕆᔭᐅᓕᕐᓗᓂ. ᐊᒥᓱᑦ ᐃᓄᐃᑦ ᐊᕙᐅᖅᑲᔪᑦ **ᑕᐃᒪᐃᑉᐸᓐᓂᓚᑦ** ᖃᐅᔨᒪᔫᓐᓂᕐᓗᑎᑦ.



ᐊᔾᔨᒌᑦᑐᕐᒍᑏᑦ ᓇᓗᓇᐃᕈᑎᒋᔭᐅᓃᑦ ᐊᒻᒪᓗ ᑎᒥᖓᑦ ᖃᓄᐃᓕᒍᓐᓇᕐᓂᖏᑦ ᐊᕙᐅᖅᑲᒪᖓᑦ ᓱᖅᑯᐃᕐᓇᕈᑎᒋᔭᐅᕙᑦᑐᑎᑦ:

ᑎᒥᒃᑯᑦ:

- ᓂᐊᕐᑯᙱᓂᖅ
- ᓂᐊᕐᑯᕐᒥᐅᑕᖃᓗᐊᖅᑑᔫᖅᑐᑦ
- ᐅᐃᔾᔭᙳᔪᑦ
- ᒥᓇᐊᙳᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᒥᓇᐊᖃᑦᑕᖅᑐᑦ
- ᑕᐅᑐᑦᑎᐊᙱᑦᑐᑦ
- ᖃᐅᒪᓗᐊᕐᓂᕋᐃᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓂᐱᒃᑭᐅᓗᐊᕐᓂᕋᐃᔪᑦ ᑭᓱᑐᐃᓐᓇᕐᓂᒃ
- ᓯᐅᑎᖏᑦ ᐊᕕᐅᔨᔪᑦ
- ᐅᕿᔮᕐᓂᐅᔭᑦᑐᑦ
- ᑕᖃᒪᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑭᓯᓕᓇᓗᐊᕈᒪᙱᑦᑐᑦ
- ᐃᔾᔭᙳᔪᑦ
- “ᖃᓄᐃᑦᑐᕐᔫᔭᖅᑐᑦ”

ᐃᑉᐱᓐᓂᐊᓂᖏᑦ:

- ᕿᓄᕐᒐᓂᖅ (ᕿᓄᙶᒃᓴᕋᐃᑦᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓂᙶᒃᓴᕋᐃᑦᑐᑦ)
- ᓄᒫᓱᓗᐊᖅᑐᑦ
- ᕿᐊᒃᓵᑦᑐᑦ
- ᓯᕗᕋᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓯᕗᕋᓗᐊᖅᑐᑦ

ᐃᓱᒪᒃᑯᑦ (ᐃᓱᒪᒃᓴᖅᓯᐅᕈᓐᓇᕐᓂᖏᑦ):

- ᐃᓱᒪᑦᑎᐊᕈᓐᓇᙱᑦᑐᑦ
- ᓱᒃᑲᐃᓂᖅᓴᒃᑯᑦ ᐃᓱᒪᖃᑦᑕᖅᑐᑦ
- ᓇᓗᓕᐅᒪᔫᔭᖅᑐᑦ
- ᐱᓕᕆᐊᒃᓴᒥᓂᒃ ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᖃᓗᐊᕈᓐᓇᙱᑦᑐᑦ
- ᐳᐃᒍᑐᔪᑦ

ᓯᓂᓐᓂᕐᔫᕋᔪᑦ ᖃᓄᐃᓕᕐᓂᖏᑦ:

- ᓯᓂᓐᓂᖅᓴᐅᓕᖅᑐᑎᑦ ᓯᓂᙱᓂᖅᓴᐅᓕᖅᑐᑎᓪᓘᓐᓃᑦ ᓯᓂᓗᐊᖅᑐᑦ ᓯᓂᙵᓗᐊᖅᑐᑦ
- ᓯᓂᓕᕈᓐᓇᐃᓪᓕᖃᑦᑕᖅᑐᑦ

ᐃᓱᒫᓗᓇᕈᑎᖏᑦ:

"ᐃᓱᒫᓗᓇᓗᐊᕈᑎᖏᑦ" ᑐᑭᖃᕈᓐᓇᖅᑐᑦ ᐋᓐᓂᓗᐊᖅᑐᒥᓂᐅᑐᐃᓐᓇᕆᐊᖃᕋᕙᑦ. ᑖᒃᑯᐊ ᐃᓱᒫᓗᓇᓗᐊᕈᑎᖏᑦ ᑐᐊᕕᕐᓇᖅᑑᓗᒋᑦ ᑲᒪᒋᓗᒋᑦ ᐊᒻᒪᓗ ᐅᖃᓚᓗᑎᑦ ᑐᐊᕕᕐᓇᖅᑐᓕᕆᔩᒃᑯᑦ ᐅᖃᓚᐅᑎᖏᓐᓄᑦ 911.

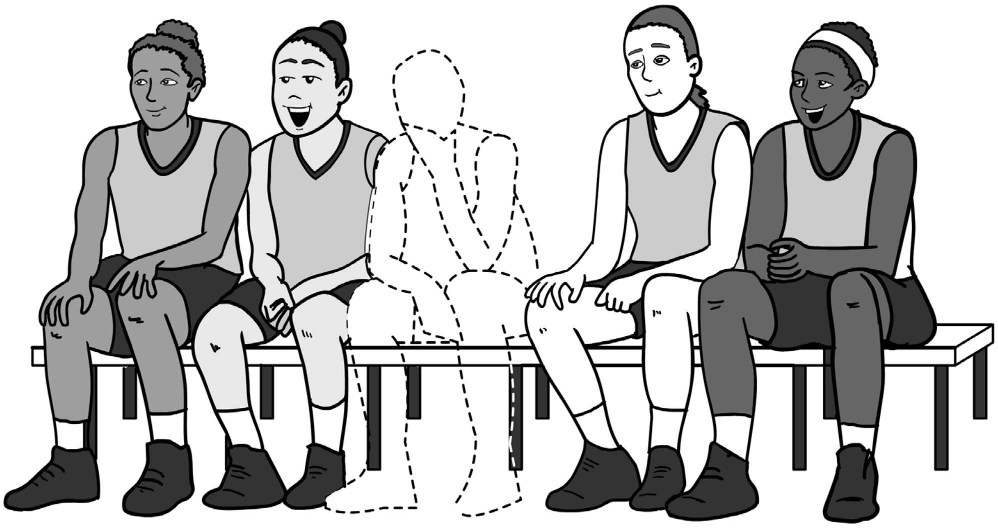
- ᖁᙵᓯᒃᑯᑦ ᐋᓐᓂᐊᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑦᑐᖅᑐᒋᑦ ᐋᓐᓂᓇᖅᑐᑦ
- ᒪᖅᐹᓂᒃ ᑕᐅᑐᖅᑰᔾᔪᑦ ᑭᓱᑐᐃᓐᓇᕐᓂᒃ
- ᓴᙳᑦᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᖃᓕᖅᑭᑦᑑᔭᖅᑐᑦ ᑕᓕᒃᑯᑦ ᓂᐅᒃᑯᓘᓐᓃᑦ
- ᓂᐊᖁᙳᔪᒻᒪᕇᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓂᐊᖁᙳᓕᖅᐸᓪᓕᐊᔪᑦ
- ᖀᖅᓱᖅᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᖀᖅᓱᓗᐊᖅᑐᑦ
- ᖃᐅᔨᒪᙱᑦᑐᖅ
- ᒥᕆᐊᕐᓗᑎᑦ ᐊᑕᐅᓯᐊᙱᓪᓗᑎᑦ
- ᕿᑲᖅᓯᒍᓐᓇᐃᓪᓕᑐᐃᓐᓇᖅᑐᑦ, ᐸᕝᕕᓕᖅᓴᕋᐃᑦᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᒋᐊᖅᓯᓂᐅᔾᑦᑐᑦ
- ᓇᓗᓕᖅᐸᓪᓕᐊᑐᐃᓐᓇᖅᑐᑦ

ᖃᓄᐃᓕᐅᖅᑐᒃᓴᐅᒻᒪᖔᖅᐱᑦ ᑭᖑᓂᐊᒍᑦ?

ᐊᕙᐅᖅᑲᓱᕆᒍᕕᑦ, ᖃᓄᐃᓕᐅᕈᓐᓃᑲᐅᑎᕆᓗᑎᑦ. ᐅᖃᕐᓗᑎᑦ ᖃᓄᖅ ᐃᑉᐱᓐᓂᐊᒻᒪᖔᖅᐱᑦ ᐅᑯᓄᖓ ᐊᖑᔪᖅᑳᑦ, ᐱᙳᐊᖅᑎᓄᑦ ᑲᒪᔩ, ᐃᓕᓴᐃᔩ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᐊ ᐅᑉᐱᓇᔭᐅᔪᖅ ᐃᓐᓇᖅ. ᐊᖑᔪᖅᑳᑦ ᐱᖃᑎᒋᙱᒃᑯᕕᐅᒃ ᒥᐊᓂᖅᓯᔨᓪᓘᓐᓃᑦ, ᐅᖄᓚᕕᐅᒃᑲᕐᓗᒋᒃ ᐊᐃᔭᐅᓂᐊᕋᕕᑦ. ᐃᓄᑑᑎᑕᐅᔪᒃᓴᐅᙱᓚᑎᑦ.

ᑕᑯᑲᐅᑎᒋᓗᑎᑦ ᓘᒃᑖᕐᒥᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒥᒃ. ᐱᙳᐊᒃᑲᓐᓂᓇᐊᖃᙱᓕᑎᑦ ᑭᓯᐊᓂ ᓘᒃᑖᕐᒧᑦ ᐋᓐᓂᐅᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ ᖃᓄᐃᙱᓐᓂᖅᓴᖅᑕᐅᒍᕕᑦ ᐱᙳᐊᒃᑲᓐᓂᕈᓐᓇᖅᑕᐅᓕᕐᓗᑎᑦ ᖃᓄᐃᑦᑑᔮᙱᒃᑲᓗᐊᕈᕕᑦ ᐱᙳᐊᒃᑲᓐᓂᖅᑕᐃᓕᒋᑦ ᑭᓯᐊᓂ ᐅᖃᐅᔾᔭᐅᒍᕕᑦ.

ᐱᖃᑏᑦ, ᐃᓕᓐᓂᐊᖅᑏᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᙳᐊᖅᑎᐅᖃᑏᑦ ᐅᖃᐅᑎᑉᐹᑎᑦ ᖃᓄᐃᓐᓂᕐᓂ ᑎᒥᒃᑯᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᑕᑯᒍᕕᑦ ᓇᓗᓇᐃᒃᑯᑕᖏᖕᓂᒃ ᐊᕙᐅᖅᑲᓂᖓᓂᒃ, ᐅᖃᐅᔾᔩᓗᑎᑦ ᐃᓐᓇᕐᒥᒃ ᐅᑉᐱᓇᔭᕐᓂᑦ ᐃᑲᔪᕐᓂᐊᕐᒪᑕ.



ᐱᐅᓯᕙᓪᓕᐊᓂᖅ

ᐊᒥᓲᓂᖅᓴᑦ ᐃᓄᐃᑦ ᐊᕙᐅᖅᑲᓯᒪᔪᑦ ᐱᐅᓯᕚᓪᓕᐊᓕᓲᑦ ᐊᑕᐅᓯᖅ ᐱᓇᓱᐊᕈᓯᖅ ᐊᓂᒍᓚᐅᖅᑎᓪᓗᒍ ᑎᑭᑦᑐᒍ ᑎᓴᒪᓄᑦ ᐱᓇᓱᐊᕈᓯᕐᓄᑦ ᐊᑯᓂᐅᑎᒋᔪᖅ. ᐃᓚᖕᒋᑦ ᐃᓄᐃᑦ ᐊᑯᓂᐅᓂᖅᓴᖅ ᐱᐅᓯᓇᓱᓲᑦ ᒪᒥᓪᓗᑎᑦ. ᐊᕙᐅᖅᑲᔪᑦ ᐊᔾᔨᒌᙱᑐᒡᒍᑕᐅᓲᖑᕗᑦ. ᒪᒥᓴᕐᓅᑦ ᐊᔾᔨᖃᕐᓂᖕᒐᓂᒃ ᐊᔾᔨᖃᙱᓐᓂᖕᒐᓂᓗ ᐊᓯᖕᓄᑦ ᖃᐅᔨᓴᐅᑎᒋᖃᑦᑕᙱᓪᓗᒍ, ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᐊᓄᑦ ᐊᕙᐅᖅᑲᓚᐅᖅᓯᒪᔭᕐᓄᑦ.

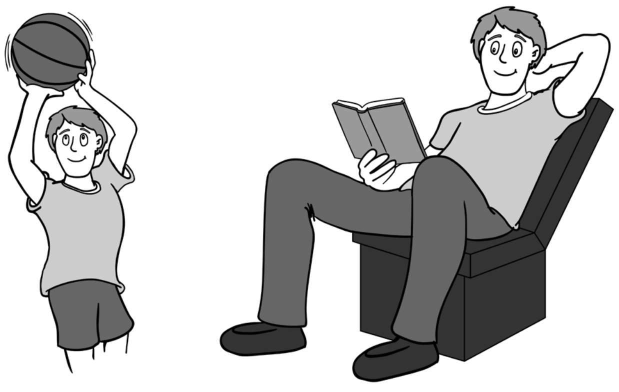
ᐊᑯᓂᐅᔪᒧᑦ ᐊᑦᑐᐃᓂᖃᕈᓐᓇᖅᐳᖅ ᐊᕙᐅᖅᑲᔪᖃᓚᐅᖅᑎᓪᓗᒍ. ᐃᓄᐃᑦ ᑎᒥᒥᒍᑦ ᐊᑦᑐᖅᑕᐅᓂᖃᕈᓐᓇᖅᑐᑦ ᐊᕙᐅᖅᑲᓚᐅᖅᑎᓪᓗᒋᑦ, ᓲᕐᓗᒃ ᓂᐊᖁᙳᓗᑎᑦ, ᖁᙱᓯᒃᑯᑦ ᐋᓂᐊᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑕᐅᑐᑦᑎᐊᙱᓕᕐᓗᑎᑦ, ᑕᖅᑭᓄᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᐊᕐᕌᒍᓄᑦ ᐊᑯᓂᐅᑎᒋᔪᓐᓇᖅᑐᑎᑦ. ᐃᓚᖕᒋᓪᓗ ᐊᓯᔾᔨᕈᓐᓇᖅᑐᑦ ᑕᐅᕗᖕᖓᓕᒫᖅ ᖃᕋᓴᖕᒋᖕᓂᒃ ᐱᔾᔪᑎᖃᓕᕈᓐᓇᖅᑐᑦ ᓲᕐᓗᒃ ᐳᐃᒍᖅᓯᒪᓕᕐᓗᑎᑦ, ᐱᓕᕆᐊᖃᕋᓱᐊᖅᑐᑦ ᐃᓱᒪᒋᔭᖃᐃᓐᓇᕈᓐᓇᓪᓕᓪᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓄᒫᓱᓗᐊᓕᖅᑐᑎᑦ. ᐃᓈᓐᓂᓚᐅᓱᖕᖐᓗᒃᑯᑦ, ᐃᓄᒃ ᐊᒥᓱᐊᖅᑎᖅ ᖃᕋᓴᖕᒐᒧᑦ ᐋᓐᓂᖅᑐᒥᓂᐅᓯᒪᑎᓪᓗᒍ ᒪᒥᓚᐅᖅᑎᓐᓇᒍ ᐊᕚᒃᑲᓐᓂᖅᑐᒥᓂᐅᓪᓗᓂ ᐊᑦᑕᓇᖅᑐᒥᒃ ᐳᓪᓕᕈᓐᓇᖅᑐᑦ ᖃᕋᓴᖕᒋᑦ, ᑕᒪᓐᓇ ᑕᐃᔭᐅᓲᖑᓪᓗᓂ ᑭᖑᓪᓕᕐᒥ ᐊᕙᐅᖅᑲᔪᒥᓂᐅᑎᓪᓗᒍ ᐋᓂᖅᓯᒪᔪᒥᒃ ᐊᒃᓱᒻᒪᕆᐊᓗᒃ ᐊᔪᕈᑕᐅᓕᕈᓐᓇᖅᑐᖅ ᐅᕝᕙᓘᓐᓃᑦ ᑐᖁᔾᔭᑕᐅᔭᓐᓇᖅᑐᓂ.

ᒪᒥᓴᖅᑎᓪᓗᑎᑦ,
ᑭᓪᓕᖅᑎᑦᓯᔭᓇᐊᖅᑐᐃᓐᓇᓇᐊᖅᑐᑎᑦ ᐃᓚᖕᒋᓐᓂᒃ ᐱᓕᕆᐊᑦᓴᓂᒃ ᓯᕗᓪᓕᕐᒥ ᐊᒻᒪᓗ ᓴᖅᑭᑎᑉᐸᓪᓕᐊᒃᑲᓐᓂᕐᓗᒋᑦ ᓱᒃᑲᐃᑦᑐᒥ. ᓯᕗᓪᓖᒃ ᒪᕐᕉᒃ ᐅᓪᓘᒃ ᐋᓐᓂᓚᐅᖅᑎᓪᓗᑎᑦ, ᐅᖄᓚᐅᑎᓂ, ᖃᕆᑕᐅᔭᓂᑦ, ᖃᕆᑕᐅᔭᕋᓛᕐᓂᑦ, ᑕᓚᕖᓴᓂ ᐊᓯᖕᒋᓐᓄᓪᓘᓐᓃᑦ ᑕᑯᑦᓴᐅᑎᑦᓯᔪᓂᒃ ᐊᑐᙱᓐᓂᖅᓴᐅᒋᐊᖅᑐᑎᑦ.

ᒪᒥᓴᕐᓗᓂ ᐊᕙᐅᖅᑲᓂᕐᒥᒃ ᕿᓄᐃᓵᕈᑎᒋᔭᐅᔭᕆᐊᓕᒃ. ᐅᑕᖅᑭᓇᓱᓪᓗᓂ ᐊᒃᓱᕈᕐᓇᖅᑐᖅ ᑭᓯᐊᓂᓕ ᖃᓄᐃᓕᐅᓕᑲᐅᑎᒋᓇᓱᐊᕐᓗᓂ ᑎᒥᕕᑦ ᖃᓄᐃᓐᓂᖕᒋᑦ ᐱᐅᙱᓂᖅᓴᐅᓕᕋᔭᖅᑐᑦ ᐊᒻᒪᓗ ᐊᑯᓂᐅᓂᖅᓴᖅ ᒪᒥᓴᓱᐊᓕᕐᓗᑎᑦ.

ᐊᕙᐅᖅᑲᒍᕕᑦ, ᐅᖃᐅᑎᓗᒋᑦ ᐊᖓᔪᖅᖄᑎᑦ, ᑕᒪᐃᓐᓂ ᐱᙳᐊᖅᑎᐅᔪᑦ/ᑲᑐᔾᔨᔨᖕᒋᑦ, ᐃᓕᓴᕖᑦ, ᐱᙳᐊᖅᑏᑦ ᑲᒪᔨᖕᒋᑦ ᐊᒻᒪᓗ ᐃᓕᓴᐃᔩᑦ.

ᐊᒻᒪᓗ ᐃᖅᑲᐅᒪᒋᑦ, ᐅᑎᖅᑳᕆᐊᖃᖅᐳᑎᑦ ᐃᓕᓐᓂᐊᕝᕕᒧᑦ ᐅᑎᖅᑳᖕᒋᓪᓗᑎᑦ ᐱᙳᐊᕐᓂᕐᒧᑦ.

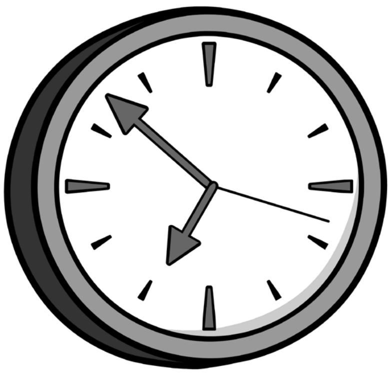


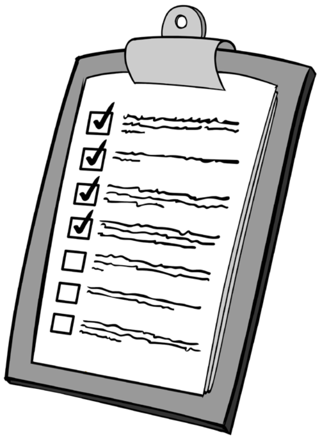
ᐅᑎᓗᕐᓂ ᐃᓕᓐᓂᐊᕐᕕᒻᒧᑦ ᐊᒻᒪᓗ ᐱᙳᐊᕐᓂᕐᒧᑦ

ᓘᒃᑖᕐᒧᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ ᐊᕙᐅᖅᑲᓂᕋᖅᑕᐅᒍᕕᑦ, ᒪᓕᒋᐊᖃᕋᔭᖅᑕᑎᑦ ᐱᙳᐊᖅᑏᑦ ᑲᑐᔾᔨᔨᖏᑕ ᐅᑎᕐᓗᓂ ᐱᙳᐊᕐᓂᕐᒧᑦ ᐃᓕᖅᑯᓯᕆᔭᐅᔭᕆᐊᖃᖅᑐᕐᑯᑎᖏᑦ ᐊᒻᒪᓗ/ᐅᕝᕙᓘᓐᓃᑦ ᐃᓕᓴᕕᒻᒧᑦ ᐅᑎᕐᓗᓂ ᐸᕐᓇᐅᑎᖃᕐᓗᑎᑦ, ᑕᐃᒪᐃᒋᐊᖃᕈᕕᑦ. ᐅᑎᕐᓗᓂ ᐱᙳᐊᕐᓂᕐᒧᑦ ᐃᓕᖅᑯᓯᕆᔭᐅᔭᕆᐊᓖᑦ ᑎᑎᖅᑐᖅᓯᒪᐅᖅᐳᑦ ᖃᓄᐃᓕᐅᖅᐸᓪᓕᐊᖅᑕᐅᓰᑦ ᒪᓕᒋᐊᓕᕐᑎᑦ ᐅᑎᓚᐅᙱᓐᓂᕐᓂ ᐱᙳᐊᕐᓂᕐᒧᑦ. ᐱᓕᒻᒪᒃᓴᖃᑕᐅᔭᕆᐊᖃᙱᓚᑎᑦ, ᐆᑦᑐᕋᕆᐊᖃᙱᓚᑎᑦ ᐱᙳᐊᕐᓂᕐᒥᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐱᙳᐊᕕᔾᔪᐊᖃᑕᐅᙱᓪᓗᑎᑦ ᑭᓯᐊᓂ ᓘᒃᑖᕐᒧᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ ᐅᖃᐅᔾᔭᐅᓚᐅᖅᑎᓪᓗᑎᑦ ᖃᓄᐃᙱᓐᓂᖓᓂᒃ ᐅᑎᕐᓗᑎᑦ ᐱᙳᐊᕐᓂᕐᒧᑦ.

ᐃᖅᑲᓇᐃᔭᖅᑎᒋᒋᐊᖃᖅᑲᖅᑕᐃᑦ ᐋᓐᓂᐊᕕᒻᒥ ᐱᓕᕆᔨᒻᒪᕆᒃ ᐊᒻᒪᓗ ᐱᙳᐊᖅᑐᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᔨᐅᔪᖅ/ᐃᓕᓴᕕᒃ ᐊᖅᑮᓂᐊᕋᔅᓯ ᐅᑎᕐᓗᓂ ᐱᙳᐊᕐᓂᕐᒧᑦ ᐊᒻᒪᓗ ᐃᓕᓴᕕᒻᒧᑦ ᐊᑦᑕᓇᙱᑦᑐᒃᑯᑦ. ᖃᐅᔨᒃᑲᕐᓗᒍ ᐃᓕᓴᕕᒃ ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕐᑯᓪᓗᑎᑦ.

ᐃᓕᓐᓂᐊᕐᕕᒻᒧᑦ ᐅᑎᕐᓂᖅ ᐱᙳᐊᕐᓂᕐᒧᓪᓗ ᐅᑎᕐᓂᖅ ᐊᑐᖅᑕᐅᔭᔪᓪᒍᑕᐅᒋᐊᓖᒃ. ᐱᒋᐊᕐᕕᖃᖅᑑᒃ ᐊᑕᐅᑦᓯᒃᑯᑦ ᓯᕗᓪᓕᖅᐹᒥᓗ ᐊᓪᓗᓇᐊᕿᑎᖏᒃ ᐊᔾᔨᓴᐃᓐᓇᖏᑦ.





ᑎᑎᖅᑐᖅᓯᒪᓂᖏᑦ ᐊᓪᓚᕿ ᑎᑎᖅᑐᐃᓂᖃᐅᖅᐳᑦ ᐱᕚᓪᓕᐊᒍᑎᖃᕐᓂᕐᒧᑦ ᖃᓄᐃᓕᐅᕈᑕᐅᓯᓇᐊᖃᓲᓂᒃ ᐊᒻᒪᓗ ᖃᓄᐃᓕᐅᕈᑎᒋᓭᐅᓯᓇᐊᖃᓲᑦ ᐱᙳᐊᓇᐊᓯᕚᓪᓚᐊᓗᓂ ᐅᑎᖅᑐᑦ ᐃᓕᖅᑯᓯᓇᔭᐅᓯᓇᐊᖃᓲᖏᓐᓂᒃ ᐊᒻᒪᓗ ᐅᑎᖅᐸᓪᓚᐊᓗᓂ ᐃᓕᓐᓂᐊᕐᕕᒻᒧᑦ ᐸᕐᓇᐅᑎᖏᑦ.

ᐊᓪᓚᓇᐊᑭᑦ	ᐱᓕᓇᐊᖦᓴᖅ	ᓱᓇᐅᓂᖓᓂᑦ ᓇᓗᓇᐃᔭᐃᒍᑦ	ᑐᕌᒐᓇᔭᐅᔪᖅ ᐊᓪᓗᓇᐊᕐᓂᕐᒧᑦ
ᓇᓗᓇᐃᖅᓯᒍᑎ: ᐊᑐᖅᑕᐅᒐᔪᑦᑐᑦ ᐱᔭᕇᖅᓯᔪᓄᑦ ᐅᑎᕐᓂᕐᒧᑦ ᐱᙳᐊᕐᓂᕐᒧᑦ ᒪᓕᑦᑕᐅᔭᓇᐊᓕᓐᓂᑦ			
1	ᖃᐅᑕᒫᑦ ᐃᓅᓯᕐᒧᑦ ᐱᓕᓇᐊᖦᓴᐃᑦ ᐊᒻᒪᓗ ᑕᖃᐃᖅᓯᖅᓯᐊᖃᑦᑕᕐᓗᓂ (ᓯᕗᓪᓕᖅᐹᑦ 24-ᓂᑦ 48-ᓄᑦ ᐃᑲᕐᕆᓄᑦ)	ᖃᐅᑕᒫᑦ ᐱᓕᓇᐊᖦᓴᐃᑦ ᐊᖏᕐᕋᒥ ᐱᐅᙱᓐᓂᖅᓴᐅᓕᖅᑎᑦᓯᙱᑦᑐᑦ ᐃᐸᓐᓂᐊᒋᔭᖏᓐᓂ ᕿᓚᒥᐅᔪᒥ ᒥᑭᓪᓕᑎᕐᓗᒍ ᑕᑯᓇᕈᓇᐅᑎᓕᓇᓂᖅ	ᓱᒃᑲᐃᑦᑐᒥᒃ ᓴᖅᑭᑎᑕᐅᒃᑲᓂᕐᓂᕐᒋᑦ ᐱᓕᓇᐊᕐᒍᕆᐅᑦᑐᑦ
2	ᐱᔭᓇᐊᑭᑦᑐᑦ ᐱᔭᓇᐊᑐᓯᕙᓪᓚᐊᔪᑦ ᑎᒥᒃᑯᑦ ᐃᖃᐃᓚᓭᕐᓂᖅ	ᐱᓱᙱᖅ ᐅᕝᕙᓘᓃᑦ ᓄᖅᑲᙵᓪᓗᓂ ᑐᒃᑲᓇᐊᓚᒃ, ᓱᒃᑲᐃᖅᑳᕐᓗᑎᑦ ᓱᑲᓪᓚᐊᓪᓚᐊᓚᕐᓗᒍ ᐱᒋᐊᕈᓇᖅᓯᔪᖅ ᐅᕿᑦᑐᓂᑦ ᓴᙱᓚᓭᐅᑎᓂᑦ (ᓈᒻᒪᑉᐸᑦ)	ᐆᒻᒪᑎᐅᑉ ᑎᓪᓚᕐᓂᖓ ᖁᕝᕙᓯᑎᕙᓪᓚᐊᓗᒍ
3	ᐃᓄᑑᑎᓪᓗᒋᑦ ᐱᙳᐊᕐᓂᕐᒧᑦ ᑐᕌᖓᔪᑦ ᐱᓕᓇᐊᖦᓴᑦ, ᓂᐊᖁᕆᒃ ᐊᑦᑕᓇᖅᑐᑏᑦᑎᓯᙱᑦᑐᓂᑦ	ᐃᓄᑑᓗᓂ ᑎᒥᒃᑯᑦ ᐱᓕᓇᐊᖦᓴᖃᕐᓂᖅ (ᐊᓯᙱᓐᓂᒃ ᐃᓚᐅᖃᑕᐅᔪᓂᒃ ᖃᓂᒋᔭᖃᙱᓪᓗᓂ), ᓃᕐᓗ ᐅᓪᓚᓐᓂᖅ ᐅᕝᕙᓘᓐᓃᑦ ᐱᔭᓇᐊᑭᑦᑐᓂᒃ ᐃᖃᐃᓚᓭᕐᓂᖅ ᐊᑦᑑᑎᓂᖃᙱᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓂᐊᖁᕐᒥ ᐊᑦᑐᐃᓂᖃᙱᑦᑐᓂ ᐱᓕᓇᐊᖦᓴᕐᓂᒃ	ᐊᖏᓪᓕᒋᐊᕐᓗᒋᑦ ᓴᙱᓕᓭᕐᓂᕐᒧᑦ ᐃᖃᐃᓚᓭᕐᓂᐅᔪᑦ ᐊᒻᒪᓗ ᐊᑐᖅᐸᓪᓚᐊᓗᒋᑦ ᐊᑦᑕᕐᓇᙱᓐᓂᖅᓴᓂᒃ ᐱᙳᐊᕐᓂᐅᔪᑦ- ᐃᖃᐃᓚᓭᕐᓂᖅ
4	ᐊᑦᑑᑎᓂᖃᙱᑦᑐᒥ ᐱᓪᓗᒪᓭᕐᓂᖅ, ᐊᔾᔨᓅᖅᓴᕐᓂᖅ, ᐃᖃᐃᓚᓭᕐᓂᖅ	ᐋᓂᐊᕖᒥ ᓘᑦᑖᒧᑦ ᐋᓂᐊᓯᐅᖅᑎᒧᓪᓘᓅᑦ ᐊᖏᖅᑕᐅᓚᐅᖅᑎᓪᓗᒍ ᐊᐅᓚᓂᖃᒻᒪᓇᑦᑐᒥ ᐃᖃᐃᓚᓭᕐᓂᖅ ᐊᒻᒪᓗ ᐊᑦᓯᕈᕐᓇᕐᓂᖅᓴᓂᒃ ᐱᓪᓗᒪᑦᓴᕐᓂᖅ, ᐱᖃᓯᐅᑎᓪᓗᒋᑦ ᐱᙳᐊᖃᑎᖃᕐᓂᖅ ᐊᓯᙱᓐᓂᒃ ᐃᓚᐅᖃᑕᐅᔪᓂᑦ ᐊᑦᑑᑎᓂᖃᓇᐊᖃᙱᓐᓂᖅ	ᐊᑐᒃᑲᓂᕐᓗᒋᑦ ᐃᖃᐃᓚᓭᕐᓂᓇᕝᕕᑦᑕᖓ, ᑐᑭᒧᐊᑦᑎᑦᓯᓂᕐᒥᒃ ᐊᒻᒪᓗ ᐱᓕᓇᐊᖦᓴᓄᑦ- ᐊᑦᑐᐊᓂᖃᖅᑐᓂᒃ ᐃᓱᒪᖦᓴᖅᓯᐅᕈᓐᓇᕐᓂᖅ
5	ᑭᓪᓕᖅᑎᑕᐅᙱᑦᑐᒥ ᐊᔾᔨᓅᖅᓴᕐᓂᖅ	ᑭᓪᓕᖅᑎᑕᐅᙱᑦᑐᒥ ᐊᔾᔨᓅᖅᓴᕐᓂᖅ– ᐊᑦᑑᑎᓂᖃᕈᓇᕐᓗᓂ ᐱᒍᓇᑐᐊᕈᓂ	ᐅᑎᕐᕕᒋᓗᒋᑦ ᐱᓕᓇᐊᖦᓴᐃᑦ ᐊᑦᑕᕐᓇᖅᑐᒦᑦᑎᓯᑐᐃᓇᓇᐊᓖᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑎᒥᒃᑯᑦ ᐊᑦᑑᑎᓂᖃᖅᑐᑦ, ᐅᑎᖅᑎᑉᐸᓪᓚᐊᓗᒍ ᐃᓪᒥᓂᒃ ᐅᑉᐱᕈᓯᑦᓯᐊᕐᓂᖅ ᐊᒻᒪᓗ ᖃᐅᔨᓴᖅᐸᓪᓗᒋᑦ ᐊᔪᙱᓐᓇᔭᑎᑦ
6	ᐅᑎᕐᕕᖃᕐᓂᖅ ᐱᙳᐊᕐᓂᕐᒧᑦ	ᑭᓪᓕᖅᑎᑕᐅᙱᑦᑐᒥ ᐱᙳᐊᕐᓂᖅ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑭᑦᓯᕋᐅᑎᓂᖅ	

ᓘᒃᑖᒧᑦ ᐋᓂᐊᓯᐅᖅᑎᒧᓪᓗ ᐅᑎᕈᓇᕐᓂᕋᖅᑕᐅᓯᓇᐊᓖᑦ ᐱᙳᐊᖅᑎᐅᔪᖅ ᑭᓪᓕᖅᑎᑦᑐᓂᒃ ᐱᙳᐊᒃᑲᓂᕈᓇᓕᕐᑯᓪᓗᒍ ᐆᑦᑐᕋᕐᓗᓂ ᐱᓪᓗᒪᓴᕐᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐱᙳᐊᕝᕕᔾᔪᐊᕈᓇᖅᓯᓗᓂ.

ᖃᐅᔨᒋᐊᕐᕕᒃᑲᓗᑎᑦ ᐱᙳᐊᕐᓂᕐᒧᑦ ᑲᑐᔾᔨᔾᔪᐃᔾᔪᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓕᓴᕝᕕᒻᒧᑦ ᖃᓄᐃᓕᐅᓪᓚᑦᑖᕆᐊᖃᕐᓂᕐᓂ ᒪᓕᒋᐊᓕᙵᓂ ᑭᓱᑐᐃᓇᕐᓂᒃ.

ᐊᑐᓂ ᐊᓪᓗᓇᐊᕈᑎᑦᓴᑦ ᐃᑲᕐᕋᓄᑦ 24-ᓄᑦ ᐱᔭᕇᖅᑕᐅᓚᓯᐊᓇᐊᖅᖅᑐᑦ. ᑭᖑᓪᓕᕐᒧᑦ ᐊᓪᓗᓇᐊᕈᓐᓇᖅᑐᑎᑦ ᖃᓄᐃᓕᐅᓚᓛᒍᓐᓇᖅᓯᒍᕕᑦ. ᐃᓚᖏᑦ ᐱᓕᓇᐊᑦᓴᓇᔭᑎᑦ ᐃᑉᐱᓐᓂᐊᒋᔭᕐᓂᑦ ᐱᐅᙱᓐᓂᖅᓴᐅᓕᖅᑎᑦᓯᑐᐃᓐᓇᓇᐊᖅᖅᑐᑦ. ᑕᒪᓐᓇ ᐊᑐᖅᑕᐅᓚᕝᑦᑐᖅ ᐊᒻᒪᓗ ᖃᓄᐃᙱᑦᑐᖅ. ᑭᓯᐊᓂᓕ, ᐃᑲᕐᕋᐅᑉ ᐅᖓᑖᓄᑦ ᐱᐅᙱᓐᓂᖅᓴᐅᓕᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᙱᓐᓂᖅᓴᕈᒃᑲᓐᓂᕈᕕᑦ, ᓄᖅᑲᖓᑲᐃᓐᓇᕐᓗᑎᑦ ᐱᓕᓇᐊᓇᔭᕐᓂᑦ ᐆᑦᑐᑲᓐᓂᕐᓂᐊᕐᓗᒍ ᖃᐅᖓᓂ.

ᓘᑦᑖᒧᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ ᐱᒍᓐᓇᖅᓯᓂᕋᖅᑕᐅᒍᕕᑦ, ᐊᑮᖅᑐᕕᓂᐅᓂᕐᒧᑦ ᐃᑉᐱᓐᓂᐊᒋᔭᑎᑦ ᐅᑎᕋᔭᙳᐊᙱᑦᑐᑦ. ᑕᐃᒪᐃᓐᓂᖅᐸᑕ, ᐅᑎᕐᓗᑎᑦ ᐱᖓᔪᐊᓐᓄᑦ ᐊᓪᓗᓇᐊᕈᑎᒧᑦ ᓘᒃᑖᒧᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ ᖃᐅᔨᓴᖅᑕᐅᒃᑲᓐᓂᕐᑯᓪᓗᑎᑦ.

ᐃᑉᐱᓐᓂᐊᒋᔭᑎᑦ ᐱᐅᓯᕚᓪᓕᐊᙱᑉᐸᑕ ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᙱᓕᕚᓪᓕᐊᑐᐃᓐᓇᖅᐸᑕ, ᐅᑎᓇᐊᖅᖅᑐᑎᑦ ᓘᒃᑖᒧᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ.

ᐃᖅᑲᐃᑎᑦᑎᒋᐊᕈᑎ

ᐱᒻᒪᕆᐅᕗᖅ ᐊᑦᑕᓇᖅᑕᐃᓕᒪᒍᓂ ᐱᙳᐊᖅᑎᓪᓗᑎᑦ. ᐊᕙᐅᖅᑲᔫᖅᑎᓪᓗᒍ, ᐃᖅᑲᐅᒪᒋᑦ:

1. **ᐃᓕᓴᖅᓯᓗᑎᑦ ᖃᓄᐃᑦᑑᓂᖏᓐᓂᒃ ᐊᒻᒪᓗ ᑎᒥᑉ ᖃᓄᐃᓐᓂᖓᓂᒃ ᐊᕙᐅᖅᑲᔫᖅᑎᓪᓗᒍ ᐊᒻᒪᓗ ᓄᖅᑲᑲᐅᑎᒋᓗᑎᑦ** ᖃᓄᐃᓕᐅᖅᑕᓂᑦ, ᖃᓄᐃᑦᑕᐃᓕᓂᐊᖑᓱᒋᒐᓗᐊᕈᕕᑦ. ᐅᖃᐅᔾᔨᓗᑎᑦ ᐃᓐᓇᕐᒥᒃ.

2. **ᖃᐅᔨᓴᖅᑕᐅᑎᑦ** ᓘᒃᑖᕐᒧᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᑦ

3. **ᐅᑎᖅᐸᓪᓕᐊᑮᕐᔪᓪᓗᑎᑦ** ᐃᓕᓴᕕᒻᒧᑦ ᐊᒻᒪᓗ ᐱᙳᐊᖃᑦᑕᖅᑕᖕᓄᑦ.

ᑖᓐᓇ ᐃᑲᔫᑎᑦᓴᖅ ᑐᑭᓯᒋᐊᕈᑎᑦᓴᖅᑲᖅᑐᖅ ᐋᖅᑭᒋᐊᖅᑕᐅᓯᒪᓪᓗᑎᑦ ᐱᓯᒪᔪᓂ ᒪᑯᓂᖓ:

Parachute. *Canadian Guideline on Concussion in Sport, 2nd edition.* www.parachute.ca/guideline;

Patricios, J., et al. *Consensus statement on concussion in sport: the 6th International Conference on Concussion in Sport-Amsterdam, October 2022.* https://doi.org/10.1136/bjsports-2023-106898;

Zemek, R., Reed, N., Dawson, J., et al. *Living Guideline for Pediatric Concussion.* www.pedsconcussion.com