

5 Steps

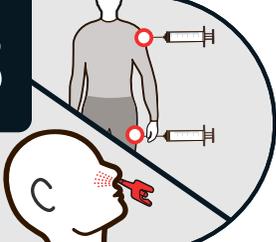
to Respond to an Opioid Overdose

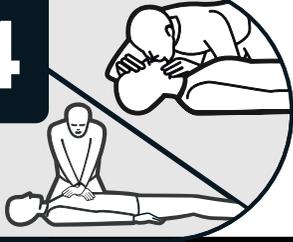
SIGNS OF OPIOID OVERDOSE

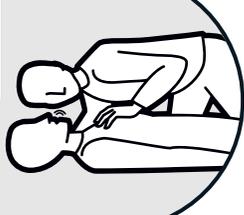
- Person can't be woken up
- Breathing is slow or has stopped
- Snoring or gurgling sounds
- Fingernails and lips turn blue, grey, or purple
- Pupils are tiny or eyes are rolled back
- Body is limp or muscles are rigid

STEP 1  **Shout & shake**
their name their shoulders

STEP 2  **Call 9-1-1**
If unresponsive.

STEP 3  **Give Naloxone:**
Give Naloxone: 1 spray into nostril or inject 1 vial, ampoule, or pre-filled syringe into arm or leg.

STEP 4  **Perform rescue breathing and/or chest compressions.**

STEP 5  **Is it working?**
If **no** improvement after 2-3 minutes, repeat steps 3 & 4. **Stay with them.**

Recovery Position

If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

Signs of overdose may return when the naloxone wears off after 30-90 minutes. If you can't stay with the person, call 9-1-1.

